

Dear Camper & Parent,

Pinnacle Basketball Camp is designed to provide each camper an enjoyable and rewarding experience with the game of basketball. The campers are placed into teaching groups based on age, size and ability. Though the campers' backgrounds vary from beginner to veteran, there is a place for each. While the background of the camper is not important, it is very important that they have the desire to learn about basketball.

One of the main objectives of our camp is to develop in each camper the desire to become the best player that they are capable of becoming. This is accomplished through the intensity and excitement that is demonstrated by our staff during all phases of camp activities.

Our experienced coaches and camp counselors have been selected because they know and love basketball, and because they can effectively teach it. The spirit of this camp, fun in discipline, reflects their dedication and their ability as teachers.

Sincerely,

Tony Jones

ABOUT THE DIRECTOR

Tony Jones is not new to the Portland area basketball scene. He has been coaching in Oregon since 1995. He has coached on several different levels from 7th grade boys to college girls. He is currently the Girls Head Coach at The Portland Waldorf School.

With over 15 years of successful coaching under his belt, Tony has proven himself to be a passionate, knowledgeable teacher of the game of basketball, who has pledged to help make this week one of the most enjoyable on record! Along with fun there are five main points of emphasis to Tony's teaching philosophy and they are:

- Importance of a good Attitude
- Fundamentals
- Team/Family Concept
- Commitment to Improve
- Enjoying the Game

Please come join us for all of the fun! It will be an experience your Pinnacle Basketball Camper will likely never forget! We'll see you here!

WHAT TO BRING?

- ✓ Lunch
- ✓ Great Attitude!
- ✓ Suitable Basketball Attire
- ✓ Basketball shoes with non-marking soles
- ✓ Lots and lots of enthusiasm!

SAMPLE SCHEDULE

- | | |
|-------|--|
| 9:00 | Roll Call (Team Lines) |
| 9:15 | Stretch/Line Drills/Reaction Drill |
| 9:45 | Shooting Clinic |
| 10:30 | Stations (ball handling, shooting, passing, rebounding) |
| 11:30 | Olympic Drill |
| 12:00 | Lunch |
| 12:45 | “New Skill” progression #2 |
| 1:15 | 1 st Set of Games
Clinic |
| 2:00 | 2 nd Set of Games
Clinic |
| 2:50 | Trivia
“Play of the Day”
“Sportsmanship Award”
“Camper of the Day”
Announcements |
| 3:00 | Dismissal |

RELEASE AGREEMENT

ASSUMPTION OF RISKS

Participation in Pinnacle Basketball Camp, hereinafter called “The Activity”, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death. These may result not only from Participant's actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the facilities, equipment, or vehicles. Further, there may be other risks, unknown to anyone, not reasonably foreseeable at this time. I understand and I have considered and evaluated the nature, scope, and extent of the risks involved, and I voluntarily and freely choose to assume these risks.

RELEASE FROM LIABILITY

I fully and forever release, and discharge Pinnacle Basketball, it's subsidiaries, directors, officers, employees, agents, insurers, sponsors, advertisers, owners or operators of the Event facilities, equipment and all others involved in the Event (the “Released Parties”) from any and all accidents, injuries (including death), losses, damages, expenses, and any other liability of any kind, of or to me, my property, or any other person directly or indirectly arising out of or in connection with participation in or attendance at the Event, including transportation related to the event, even if it's due to the negligence or other fault of the Released Parties.

COVENANT NOT TO SUE

I will not initiate any lawsuit, court action or other legal proceeding against the Released Parties, nor join or assist in the prosecution of any claim for money damages which anyone may have, on account of injuries (including death), losses, or damages sustained by me or others in connection with my participation in or attendance at the Event, and I waive any right I may have to due so. This means that I cannot sue to hold the Released Parties responsible for any injuries, losses, or damages that I may experience related to the Event, even if it is due to the negligence or other fault of the Released Parties. I waive my insurers' right to make a claim against the Released Parties based on payments by insurers to me or on my behalf for any reason. This means my insurers have no right of subrogation.

INDEMNIFICATION AND HOLD HARMLESS

I will hold harmless, indemnify, and reimburse the Released Parties from and for any sums, costs, or expenses (including attorney fees) incurred by any of the Released Parties or paid by them to an person (including me or my insurers) in connection with any accident, injury (including death), loss or damage sustained by me or others in connection with my attendance at or participation in the Event, including transportation related to the Event. This means that I will reimburse the Released Parties if anyone makes a claim against them based on injuries, losses, or damages I may suffer.

MEDICAL TREATMENT; NO INSURANCE

I authorize and permit Pinnacle Basketball, its agents, and event personnel to administer first aid to the Participant, emergency transportation, and any other medical treatment performed by physicians, paramedics, and other medical personnel, in the event of any illness, accident or injury to the Participant. I understand that Pinnacle Basketball and others involved in the Event do not provide any insurance, either life, medical or liability, for any illness, accident, injury, loss or damage that may arise in connection with participation in or attendance at the Event. If I want insurance of any kind, I must obtain my own. I will pay my own medical emergency expenses and all subsequent medical expenses in the event of any illness, accident, or injury in connection with the Event.

ACKNOWLEDGEMENT

As used in this Release and Waiver, the words “I”, “Me”, and “My” refer broadly to the Participant. If any portion of this Release and Waiver is held to be invalid or unenforceable, all other provisions shall nevertheless continue to be valid and enforceable. This Release and Waiver supersedes any oral or written statements made by or to me in connection with the Event. I understand that I cannot terminate, cancel, or revoke this Release and Waiver for any reason.

I HAVE READ THIS RELEASE AND WAIVER CAREFULLY, FULLY UNDERSTAND ITS CONTENT, AND VOLUNTARILY AGREE TO ITS TERMS.

Participant/Child
name: _____

Parent/Guardian
Signature: _____